

# The West Georgian

Est. 1934



# Graduate and Professional School Fair a Big Success

Allison Lee  
*Contributing Writer*

The University of West Georgia recently displayed several exciting graduate school options for students at the Graduate and Professional School Fair that occurred on Oct. 15. Representatives from 50 different schools aided students in their graduate school interests.

There were programs for specific majors listed for all colleges attending. Each booth was decorated with pamphlets for the college it represented and had plenty of goodies for students to take home. At every booth, students could sign up for emails from the colleges of their choosing, where they would receive more information about that school.

Of the colleges there, the degrees that were available to pursue were master's, doctoral and specialist degrees. They also offered endorsements, post-baccalaureate certifications and post baccalaureate initial non-degree certifications in certain programs. Most of the colleges at the fair covered programs in the education, health system, business and mathematics departments.

Each representative at the booth would ask what a student's major was to see what programs and degrees they could assist them with at their college. They would then elaborate on deadlines for the college and go over the graduate school application process with students.

To apply for graduate schools, students would have to perform similar tasks that they did when they first applied for college, going online to the college of their choosing and select that they wanted to apply for graduate school. Most

colleges require an application fee in order to apply online. The student would then have to request that UWG send out their transcripts to their next college and search for requirements specific to their program, such as a personal statement. Some colleges require students to verify their lawful presence during the application process and want students to provide immunization records.

Many options for financial aid and scholarships were available for each college in attendance for students that need help paying for their graduate school careers. This includes regular loans and scholarships that are gifted due to outstanding GPAs or at least a 3.0 average GPA. Some colleges offer graduate student assistantships which allow students to get graduate training and pay for their graduate school experience as another option. This helps students to possibly earn an internship or further their career with the people they are working within these programs.

Graduate school programs do not differ that much from the regular aspects of college. They are only the next step in furthering a student's education and experience. That is why UWG and many other colleges know that students need a new plan for the future after they graduate. They choose from colleges such as Georgia State University, Georgia Technical College, or Valdosta State University as their destination for a new beginning. Having those choices shown to students while still in college or as an alumni is a crucial part in a student's preparedness for life after graduation.



Photo Credit: Allison Lee

# ENTERTAINMENT

## The Feed Unites UWG's Best Rappers

Ariana Carter  
*Contributing Writer*

The WOLF Internet Radio's fan favorite show, The Feed, had its first ever standalone event on Oct. 15 at the UWG Campus Center Ballroom. This was the first ever solo show event out of the WOLF and it worked to give exposure to all singers, rappers and producers at UWG.

The Feed is a show on The WOLF Internet Radio that brings black culture and entertainment to UWG students. The cast includes five members, including independent artist Meraki Anoir who performed at the event. The Showcase and Cypher included a variety of performances and spoken word pieces. The event brought out outstanding performances from students themselves.

The members of the show came up with the idea to have this type of event to give independent rappers a chance to freestyle to producers beats or perform their own songs. A cypher is known as an informal gathering between rappers and dancers.

In order to pull this off the members of the show decided to make it a public event where anyone was welcome. The goal for the event was for The Feed to have new artists come onto their show and play some of their beats or songs.

"I was hoping [the event] would just give people a platform to show off their stuff," said Donovan Taggart, one of the hosts. "I was just giving everyone on the campus an opportunity to show what they had going on."

The event was intimate with dim lighting to make those in attendance feel relaxed and welcomed. Now, in a time where people have social media as their opportunity to showcase their talent, an event like this can be intimidating when all eyes are on them.

Aurbrion Staggers, professionally known as Meraki Anoir, performed to kick off the event. Aubrion is a creator just like the performers who showed up and she believes opportunities for young creators like this are amazing.

"I thought this was a great idea, it turned out better than we expected," said Aubrion. "In the future it should turn into something more than just a cypher because it was good to let other people show off their stuff."

A platform to showcase creators is an amazing experience and this event proved that there are hundreds of people doing the same thing but what makes the content stand out from one another is how the performer brings it.

"We didn't want it to just be an open mic, we wanted it to be for everyone and we tried to do that in the showcase part," said Taggart. "It was an opportunity for producers and artists to network, so if they saw something they liked up there they could talk to one another."

For the remainder of the semester they will be playing artist's submissions and interviewing up and coming artists.



Photo Credit: Ariana Carter

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Letters may be mailed to:  
Editor, The West Georgian,  
University of West Georgia,  
Carrollton, GA, 30118,  
or sent via electronic mail to:  
uwgeditorinchief@gmail.com

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SOCIAL MEDIA MANAGER

The University of West Georgia  
University Community Center, Room 111

Carrollton, GA, 30118-0070  
Editorial Line: (678) 839-6527  
Advertising Manager: (678) 839-6588  
Editorial E-mail: uwgeditorinchief@gmail.com  
Advertising E-mail: uwgads@gmail.com

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## TRACEE ELLIS ROSS' PATTERN BEAUTY OFFERS CARE FOR NATURAL HAIR

**Ariana Carter**

*Contributing Writer*

Tracee Ellis Ross is an American actress and is the daughter of superstar Diana Ross. She is most notable for her role in the early 2000s hit show *Girlfriends* and currently stars in ABC's *Blackish*. In recent years, Tracee has proved that she can do more than just act. In late 2017, she collaborated with mall staple JCPenney for her own size-inclusive clothing line. After the success of her clothing line, she announced around late August that she would release her own natural hair care line called Pattern Beauty.

Pattern Beauty released online in mid-September and launched in Ulta Beauty stores on Sep. 22. The affordability and access to the products have made it a nationwide hit. The product prices range from \$9 to \$42 and that caught the attention of consumers. Tracee herself has naturally curly hair and wanted more for what she deems “underrepresented” in the beauty industry. She came up with the idea to come out with products that not only benefit those with hair like hers, which is a looser curly texture, but also those who lack a variety of options for a kinkier curl texture.

Thus, Pattern Beauty was born. The idea for the hair care line has been 10 years in the making with Ross making her first brand pitch in 2008. She spent two years working with chemists to narrow the products down to seven safe ingredients for natural hair. The line includes a hydration shampoo for all natural textures, three different conditioners, one leave-in conditioner and two hair serums. Outside of these products Pattern Beauty also includes hair accessories including a shower brush and microfiber hair towel.

All of the products have an almost matte look to them and embody the aesthetic of the Instagram and website. The dominant color for the brand is yellow which is supposed to represent bringing joy back into the process of taking care of hair.

Pattern Beauty is different than other natural hair care lines. First and foremost the brand is created by someone who has an understanding of the spectrum. The brand is marketed as a hair care line that works for hair from 3B to 4C. These categories stand for a looser curl pattern to a tighter curl pattern. Second, Ross is the only one in the market so far. Other celebs such as Rihanna (Fenty Beauty) and Jessica Alba (Honest Beauty) are dominating the makeup industry and that leaves room for Ross to shine on her own path.

The tagline for the brand is “here to fulfill the unmet beauty needs of the curly, coily and tightly-textured hair community.” Pattern has given consumers three options of conditioner, a crucial part of taking care of natural hair. The Pattern conditioner comes in Medium, Heavy and Intensive. Each one targets not only different textures but what is best for those textures such as moisture lock or curl definition.

Across social media Pattern Beauty has dominated with hashtag, #rockyourpattern that has over 1,000 posts. The name Pattern comes from the term ‘curl pattern’ and the addition of beauty is to learn to love oneself through their hair journey. Pattern Beauty believes that every crown has its own story.

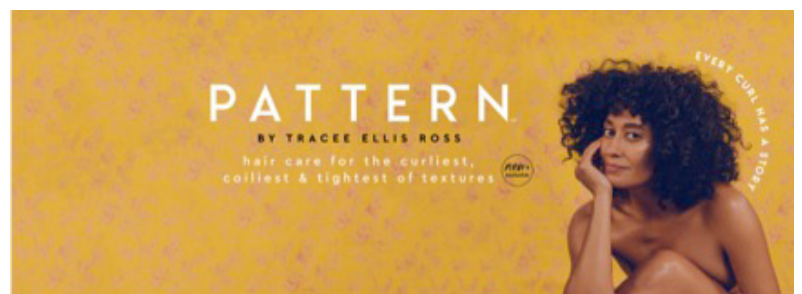


Photo Credit: Image courtesy of Pattern Beauty

## UWG'S NATIONAL PAN-HELLENIC COUNCIL

**Kimberly Wooten**

*Contributing Writer*

UWG's National Pan-Hellenic Council (NPHC) garden has finally opened. The historical day took place on Oct. 14 at the Oaks Amphitheater. The NPHC Garden will create a positive environment for NPHC organizations to unite, in efforts to promote their fraternities and sororities while educating students about the history of these diverse organizations.

The garden was made possible through the efforts of the Center for Diversity, Student Affairs and Enrollment Management, University Advancement, Campus Planning and Facilities, and the University of West Georgia's National Pan-Hellenic Council.

The opening remarks were done by Dr. Xavier Whitaker who is the VP of Student Affairs and Enrollment Management. “Student leaders proposed the idea back in 2016 to Dr. Marrero,” said Whitaker. He then went onto to say that the University of West Georgia is one of the few campuses throughout the state to have a garden to represent the NPHC. He then went on to say that the students chose the circle because it represents the completeness and the NPHC councils saw themselves as a complete whole.

The next remark was spoken by Dr. Michael Crafton who is the Interim President at UWG. He first stated that the grand opening of the garden marked the first moment of the 2019 Homecoming festivities. “The garden allows the university to celebrate the university's strong belief in inclusion and diversity,” Dr. Crafton said. “The garden will now serve as a meeting place to connect and serve as a new invitation for new students to learn about the NPHC as long as the stone lasts”.

In his closing remarks, he mentioned that he is blessed to celebrate radical improvement on campus.

“Honoring the history of black Greeks in Carrollton is huge,” said Dr. Yves-Rose Porcena, the Vice President for Equality and Inclusion at Agnes Scott College.

The garden symbolizes the contribution that the council has done off and on campus to help and support the community. Dr. Porcena went onto state that minority students have a place where they can feel that they belong.

Jordan Watson, who is an NPHC Alumni and a member of Alpha Phi Alpha Fraternity Inc., presented the idea with fellow Alpha Phi Alpha member Wesley Hammonds to Dr. Kyle Marrero. He went onto to say how much it means for him to come back to UWG to see how all of the organizations are represented.

Wesley Hammonds was not able to make the grand opening as he is currently in China. He had prepared a speech that was read by his mother. In his speech Wesley was proud of that fact UWG is showing pride in all of the NPHC's hard work on campus and giving back to the community.

“UWG embraces diversity, empowerment, inclusion, and it promotes community and belonging,” said Dr. Stacy Boyd, Interim Chief Diversity Officer. “The garden is a reminder to future wolves that UWG has a place for everyone.”

Leon Humphry Jr. is a graduate assistant and a member of Phi Beta Sigma Fraternity Incorporated.

“It's an amazing thing how the garden shows unity, black history and culture, and the legacy of the Divine 9 as a whole” Humphry said. “When new students see something new, they tend to ask questions and it then leads them in the right way”.

In the closing remarks Dr. Xavier Whitaker informed everyone that in a few weeks another piece will be added to the garden. The information that will be added is the information that the organizations wanted the visitors to know about their organization.



Photo Credit: Kimberly Wooten

# UWG ATHLETES FIND GENUINE COMMUNITY

**Nicole Kirkman**

*News Editor*

Campus Outreach is in its first year of hosting an athlete bible study called Athletes in Training (AIT). The Christian organization on UWG’s campus has made time to get to know athletes on a personal level and have learned a lot from starting it this semester.

“AIT is an all athlete Bible study that we host each Monday night at 7 p.m. in the Athletic Operations Building at The University of West Georgia,” said Beau Deugan, main director.

“It is an opportunity for athletes from different sports to come together and to build community and also to grow in their spiritual journey while they are in school.”

The weekly event consists of a large amount of student athletes looking to meet new peers who share their love for sports. Most students have a significant thirst for making lasting friendships at UWG, and this organization is providing a place for them to grow.

“There has been a steady increase in community like I have never seen before here at West Georgia, even going back to when I went to school here,” said Beau Deugan.

“Everyone is going to each other’s games and cheering on the other teams, they are splitting up into groups with people a few months ago they would’ve never spoken to. But they also are opening up more than they did at the start of the semester when we break out into discussion groups and really sharing big things that the Lord is teaching.”

The group consists of student leaders, student athletes and the Campus Outreach staff team. Every group has held an important place in AIT’s success this year. Students love to hear testimonials from other students and love that they have a Campus Outreach Staff to invest in them when they need it.

“The people running the show are myself, Tyler Clark, Rachel Wiggins and Zarah Spraggins but we love to give ownership to student leaders so they are constantly involved with being emcees, sharing their testimonies and even giving the talks later on this semester,” says Deugan.

Campus Outreach has hosted this event every week to learn about student athletes and let them lead one another by sharing their personal stories to help everyone grow spiritually. The athletes involved have grown tremendously this semester and some of them have just started their spiritual journeys. It is because of a club/organization like this that each student involved can develop.

“We have had some football players and baseball players and one soccer player share their testimonies this semester and all of them have been amazing. There is something about when a peer shares something they have been through and how the gospel affected them personally that really drives home the point that the gospel is personal and relational,” says Deugan.

There is no limit to what AIT can look like in a couple of years if it keeps growing like it has this year. Athletes all over UWG are learning that attending one meeting can lead to many more meetings. Attending one weekly meet up can change the trajectory for many athletes encouraging them to find who they are really meant to be.

“We would love to see these athletes take the next step in their walk with God and become true leaders and laborers for Him. We would love to have, one day, a group of athletes from all teams ultimately leading the meeting and leading discussion groups, that’s the dream,” said Deugan.



Photo Credit: Colton Lublink

# ENTERTAINMENT

## MALEFICENT: MISTRESS OF EVIL REVIEW

**Emily Conklin**

*Contributing Writer*

*Maleficent: Mistress of Evil* starring Angelina Jolie as Maleficent and Elle Fanning as Aurora was released nationwide on Oct. 17. From the love story to the intense hatred between two soon to be mothers-in-law, this movie has a lot to offer to viewers. The producers incorporated raw emotions and hardships for the characters to overcome all throughout the movie.

This allowed for the plot to remain interesting all the way through while also allowing it to be very different from the prior movie, which seems to be the problem of most sequels. As always, Angelina Jolie stole the show in her magnificent costume design and impeccable acting skills. The producers pushed for Angelina Jolie to deepen her character in this sequel and she did not disappoint.

Maleficent was portrayed as the villain at the beginning of the movie, which was to be expected as she is supposed to be evil. But in the end, Maleficent becomes the true fan favorite as she shows that she truly wants what is best for everyone, especially her daughter. In the end Maleficent revealed herself to be the hero all along, which kept the viewers intrigued. Behind the enormous wings and large horns, Maleficent is the mother and friend that most only wish they could have in their life.

Unlike most Disney movies, this one is very mature for the audience that it is reaching out to. In “*Maleficent: Mistress of Evil*,” Aurora is portrayed as a beautiful princess, which causes children to want to go and see it, but the plot is

very dark and deep for a young audience.

The maturity of this film will be missed and not understood by some of the young viewers. This may cause some of the viewers to have a lot of questions concerning the film, but they will still see they cute love story that is laid out before them.

Furthermore, in the newest edition of “Maleficent,” the producers truly work in the message that family is very important. Aurora chooses her soon to be husband’s family over her own mother and it comes back to bite her in the butt. There is a lot about mother and daughter relationships and deciding between who you want the most, which is weird as this is considered a children’s movie. This raises concerns that this may be a huge downfall in the producers making of the movie.

Despite the level of maturity that the movie brings upon its viewers, the love that the producers introduce in the beginning of the movie is something that will make you want to find your soulmate right then and there. The pureness of love portrayed in this movie is so beautiful and precious that it will make one appreciate what true love is supposed to be like.

In the end the producers did an amazing job with “*Maleficent: Mistress of Evil*”. Although there was a lot of mature content underlying the story, it still allows for a good princess movie. Furthermore, the costume designs and the way that the characters interact with each other also adds to the overall greatness of this movie.

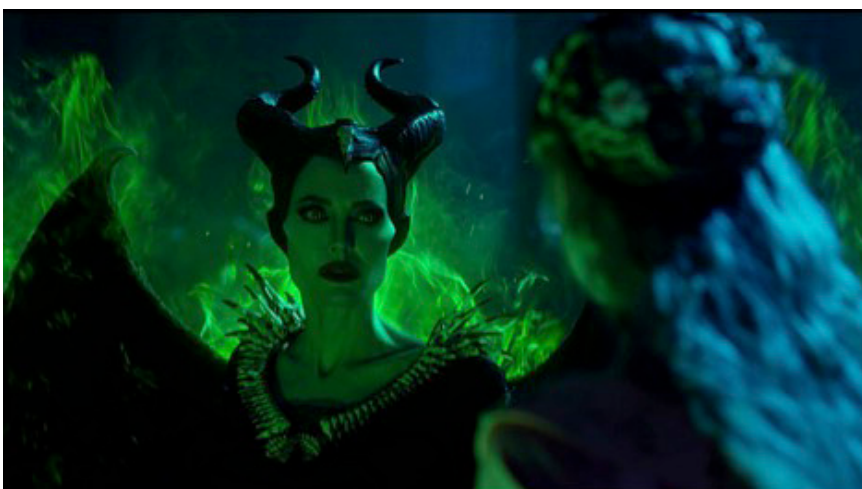


Photo Credit: Image courtesy of Disney Movies

# LITTLE HANDS, BIG LOVEFEST

**Imani Feagin**

*Contributing Writer*

“Children Helping Children” (CHC), a nonprofit organization that focuses on educating and empowering youth philanthropists, hosted the annual Little Hands,

Big LOVEFEST festival in The Meadow at Piedmont Park on Sunday, Oct 20. The event, which was held from 11 a.m. to 7 p.m is a completely free philanthropic festival where children of all ages have the opportunity to engage and participate in contributing to projects that benefit other children in Atlanta.

Different projects are planned for festival goers to assemble and contribute to benefit organizations such as Atlanta Mission, My Sister’s House, Sources of Strength, The Agape Center, Covenant House, Camp Kudzu, Spectrum Autism Support and Gigi’s Playhouse.

Each “Compassion Curriculum” project for the 12 different non-profits were created by teenagers from the Junior Board of Directors of CHC. Each of the different organizations are there to support CHC. Bella, a volunteer for Spectrum Autism Support, emphasized that it is important for other children to help support these organizations because there are kids just like them who may not be as capable as they are or who may not be as privileged as they are.

“My little brother has autism and I wanted to do this because all kids deserve to feel needed in society no matter what physical challenges they may be faced with,” said Bella.

Booths, such as the one for children’s autism, were operated by children of all ages. The activities that festival goers could participate in at these booths included: filling up teddy bears with notes written by different festival goers, assembling big “goodie bags” for homeless families and children, collecting donations for women and children’s homeless shelters and collecting toiletries for families in need.

“I am out here at LOVEFEST today because I want to see children do good deeds and it feels really good to give back to those in need,” said Caden Cameron, a 16-year-old high school sophomore.

Other than the different activities and projects that were created to benefit the many different organizations, LOVEFEST was also filled with lots of fun. Kids could be seen “woodworking” with Home Depot, using power tools to assemble take home birdhouses and banks, doing yoga, playing lawn games such as basketball and connect 4, jump roping and playing bumper ball.

The LOVEFEST at Piedmont Park was an extremely kid friendly event but also, a very informative event for anyone of any age. It was amazing to see so many young people.



Photo Credit: Imani Feagin

# LIVING WEST

## UWG HOLDS GROUNDBREAKING CEREMONY FOR NEW ROY RICHARDS SENIOR HALL

**Katelynn Johnson**

*Contributing Writer*

UWG held a groundbreaking ceremony for the new Roy Richards Senior Hall on Friday, Oct. 18, which will be the new UWG College of Business building in 2021. This building will welcome in a new era of innovation with all inclusive state of the art and collaborative classrooms, new teaching spaces and a professional business hub and common spaces.

The UWG Foundation has received gifts and pledges of \$5.65 million toward the building of Roy Richards Sr. Hall and \$1.7 million in funding from Gov. Nathan Deal. The new building will be located near the junction of Maple Street and University Drive. They hope to be done with construction and be open to students in 2021.

The Richards College of Business has bestowed over 15,000 degrees since it opened. Faye McIntyre, Dean of the Richards College of Business, is hopeful that this new building will bring new opportunities for students who wish to earn a business degree. Roy Richards Sr. Hall is being designed to unite both Business and Business Education and encourage collaboration between graduate and undergraduate students.

“I have felt honored to be asked to be on the building committee,” said Richard Dobbs, an MBA student at UWG. “I have gained a great deal of experience being a part of this opportunity and even though I will no longer be a student here to experience this new building, I have felt honored.”

Many gathered for this new beginning to be in support of UWG and its future. Southwire was a large part of the groundbreaking ceremony. In 1950 Richards Sr created Southwire and it currently has over 300 employees who are UWG graduates, and currently over 90 students work as interns there. The relationship between Southwire and UWG business began over nine decades ago.

Southwire’s Honors Business Program with UWG has given many students the opportunity to learn and grow in their degree. Jim Richards, Roy Richards’ son, was at the ceremony and spoke on his father’s accomplishments and relationship with UWG.

“It is a pleasure for us to have this great hall named after our father,” said Richards. “Southwire is the business it is today because of UWG.”

UWG and the community broke ground to begin this new era. Each attendee got the chance to see a replica of the new building and a free cookie, which had a photo of the new Roy Richards Sr. Hall on it. Many alumni visiting for Homecoming were able to take part in watching this ceremony and hearing about what UWG is preparing for their Business students.

“All of this would not have been possible without the help of donations and funding,” said McIntyre. “We are excited to begin making our vision a reality.”



Photo Credit: Katelynn Johnson

# DEPARTMENT OF INTERNATIONAL LANGUAGES AND CULTURES CELEBRATES LUSO-HISPANIC DAY

**Brittany Shivers**

*Contributing Writer*

In elementary school, we were taught that in the year 1492, Christopher Columbus sailed the ocean blue. We were told that Columbus is a hero because he “discovered” America. As a US legal federal holiday, our calendars mark the second Monday in October as Columbus Day, but why?

Some people are choosing to rewrite history because we now know that Columbus was responsible for bringing violence, slavery and disease to the indigenous people that already lived in America.

On Oct. 14, 2019, The Department of International Languages and Cultures and the Center for Diversity and Inclusion at UWG decided to celebrate diversity and America’s indigenous people rather than Christopher Columbus for a day they call Luso-Hispanic Day.

“There were already many people, cultures and civilizations in the Americas, no one was discovered,” said Dr. Yvonne Fuentes, Associate Professor of Spanish at UWG.

The events that the department held throughout the day included a short film session, a Spanish Majors discussion panel, a UWG Chamber Singers performance, a poetry reading event and a Flamenco dancing event.

“We celebrate the Hispanic and Lusophone cultures, languages, history, music, art and struggles because we want our students to learn about the past and the present of those

two countries on the Iberian Peninsula, Spain and Portugal, and their global influences and legacies,” said Fuentes. The events encouraged students to celebrate diversity and attempt to understand

cultures that are different from their own. It also showed students in Spanish classes how their studies can be applied to understanding everyday life.

“This day-long series of events provides a context for students taking Spanish classes to see how what they learn in the classroom can be beneficial in better understanding the world,” said Dr. Betsy Dahms, Associate Professor of Spanish.



Photo Credit : Brittany Shivers

## SPORTS

# THE ‘CHOP CONTROVERSY REACHES MLB PLAYOFFS

**Logan Landers**

*Contributing Writer*

During the Major League Baseball Playoffs, the Atlanta Braves faced off against the St. Louis Cardinals. Late in the game, the fans at Suntrust Park began to perform the Tomahawk Chop, a tradition the Braves have been using for many decades. Cardinals pitcher Ryan Helsley brought up the controversial topic after game one of the National League Division Series.

After becoming the Florida State Seminoles chant, the Braves adopted the move after “Prime Time” Deion Sanders, who is an alumni at Florida State, started encouraging teammates to make the hand gesture during the 1992 MLB season. The Braves marketing team saw the success the chop was generating during games and decided to create a foam tomahawk for all fans.

Helsley had much to say regarding what transpired during game one. As a member of the Cherokee tribe and fluent in Cherokee language, Helsley claimed that the chop was “disrespectful and devalues the perceptions of Native Americans.”

The Braves took action the next game by agreeing to stop handing out the foam tomahawks for the remainder of the series and also stopped playing the music that is used when fans are chopping, only while Helsley was pitching. It is unsure what actions the Braves organization plan to make in order to resolve this prominent issue in the offseason.

In recent years the controversy surrounding Native American gestures in sports seems to be brought up constantly. The Cleveland Indians of the MLB had their primary logo depicting a character known as Chief Wahoo. However, after the 2018 season, the Indians organization and MLB Commissioner Rob Manfred agreed to remove the Chief Wahoo branding from every aspect of the organization but keeping the name Indians. Some other teams of controversy were the Chicago Blackhawks, Kansas City Chiefs and Washington Redskins who were also scrutinized for not changing their names.

This isn’t the first time this issue has come up and it certainly won’t be the last time the debate over Native American gestures and names will be brought up in the sports world. As any Braves fan knows, as soon as you would walk into the stadium the chanting and chopping are ingrained in the atmosphere. Being in the stadium whenever the music starts playing and thousands of fans begin to chant and start the tomahawk chop with their foam tomahawk or their hands is a sight to behold.

The main reason for the gesture is in no way to offend Native Americans and their heritage. The tomahawk chop is a celebration for the team and a way to pump up the crowd to support their teams. Unless something major happens the majority of fans believe the Braves will keep the tomahawk chop around for the upcoming seasons.

# UWG HEALTH SERVICES OFFERING FREE HIV TESTING

**Sam Okodua**

*Contributing Writer*

The UWG Health Education/Health Services department is partnering with AIDS Alliance ATL to provide free HIV testing on Oct. 30 from 1-4 p.m. The event will be held in front of the UCC and will include free merch and condoms.

“They will bring a mobile testing unit out and they will do a really quick rapid test. So, you’ll have your results within a minute,” said Mary Beth Thompson, Health Education Coordinator.

This rapid test will allow students to quickly and conveniently take an HIV/AIDS test with full discretion. There will be one sprinter van with two testing rooms inside for students to take their tests. “If you test positive, we have the resources, and if you’re negative, you’ll get a card so that you can post on your socials or not,” said Thompson.

The Health Education Department wants to provide students with information about healthy life habits such as having proper nutrition, practicing safe sex and being proactive when it comes to drinking so that the students can practice safer drinking habits.

“Health Services is a multi-unit entity on campus, we have the medical side which most people think of,” said

Thompson. “And there’s the health education side where we teach the students in casual and formal settings in order to help them adopt healthy behaviors.”

The Health Education Department has peer educators who are student assistants. Their role in health education is to go out on campus and educate their peers one on one and in formal settings like presentations and tables.

The table events are the most frequent type of events that Health Education provides. The tables are around campus on Tuesdays from 10 a.m. to 12 p.m. and Wednesdays from 1-3 p.m.

“We have events around as many of the topics that we can fit in,” said Thompson. “That’s alcohol, marijuana and all other drugs, safer sex, sexual assault prevention, stress management, sleep hygiene and nutrition.”

They also hold more significant events like the free HIV testing, a Wellness Expo and a Take Back the Night event that will be held in the spring.

“In November, we’re just doing our tables, but it’s National Diabetes Awareness month, so we’ll be doing some tabling around that information,” Thompson said.

#HOWL4HEALTH

# FREE HIV Testing

Photo Credit: Image courtesy of UWG Health & Education

## LIVING WEST

# CAKE JAM RETURNING TO ADAMSON SQUARE

**Olivia West**

*Contributing Writer*

Local band Cake Jam will be performing on the rooftop of Nama Asian Fusion from 10:30 p.m. until 1:00 a.m. on Oct. 31.

The band consists of four Georgia born members: singer and manager Justin Matthew, guitarist Austin Arasmith, bassist Trey Paul, and drummer Henry Abshire. The Indie-rock band has been in action since May 2018 but the band really started growing this past summer once their hit single, Some Feelin’, was released on iTunes.

“We’re really excited to be back at Nama for another show. The atmosphere was awesome and everybody in the crowd was super involved and we loved it,” said Trey Paul. “We’re hoping to see a lot of returning fans and some new ones at this concert and we’ve really stepped up our setlist so hopefully, people won’t be disappointed!”

The setlist for this show mostly consists of a mixture of indie-rock originals and a wide variety of popular covers, so there’s something for everyone to enjoy. Their setlist includes everything from indie-rock originals to John Mayer covers. “We always try to keep our setlist very broad so everyone in the crowd can hear something that they’re into,” says Paul. “Everybody loves the classics, so we always include a lot of those, but we also throw in some originals, like Crab Cakes, Some Feelin’, and Sin.”

Cake Jam’s new single, Sin, is a song the band has been working on for a few months and is about to have its debut on

Spotify and Apple Music, as well as their new EP that should be making its way there in a few months.

Nama Asian Fusion is an Asian blend restaurant on Carrollton’s Adamson Square. Nama is not only known for their great food, but also the drink selection at the bar and the atmosphere.

Nama has quickly become one of the most popular bars in Adamson Square because of their rooftop seating area, the games and activities provided at the second-floor bar such as shuffleboard and video games, and the live music they play on Friday nights.

Before heading the rooftop to hear Cake Jam’s set, people can head down to Nama’s full-service dining area from 5 p.m. to 10 p.m. and grab a bite of the food. During the concert there will be a full-service bar on the second floor and a rooftop bar during the concert. The rooftop is filled with seating for everyone to come out and enjoy the live music from Cake Jam.

“We met a lot of great people in the crowd from our last show at Nama, and the energy was great. Although it was mostly college-age kids, there were people of every age in the crowd. We got a lot of great feedback and we hope to bring even better energy this time around,” says Paul. “Nama is definitely one of our favorite venues to play at so far, and I hope we’ll be back after this concert.”